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## Mathematical and Statistical Modelling in Medicine

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## Hypothesis testing T-tests



## The $\boldsymbol{t}$-distributions with 1-4 degrees of freedom



## The $\boldsymbol{t}$-distributions (Student's $\boldsymbol{t}$ distributions)

Probability Density Function
$y=$ student $(x ; 19)$

df=19

Probability Density Function
$y=$ student $(x ; 200)$


## TINV function (EXCEL)

| $\mathrm{df} / \alpha$ | 0,1 | 0,05 | 0,025 | 0,01 |
| ---: | ---: | ---: | ---: | ---: |
| 1 | 6,314 | 12,706 | 25,452 | 63,657 |
| 2 | 2,920 | 4,303 | 6,205 | 9,925 |
| 3 | 2,353 | 3,182 | 4,177 | 5,841 |
| 4 | 2,132 | 2,776 | 3,495 | 4,604 |
| 5 | 2,015 | 2,571 | 3,163 | 4,032 |
| 6 | 1,943 | 2,447 | 2,969 | 3,707 |
| 7 | 1,895 | 2,365 | 2,841 | 3,499 |
| 8 | 1,860 | $\mathbf{2 , 3 0 6}$ | 2,752 | 3,355 |
| 9 | 1,833 | 2,262 | 2,685 | 3,250 |

## Statistical inference: hypothesis testing

- Statisticians usually test the hypothesis which tells them what to expect by giving a specific value to work with.
- They refer to this hypothesis as the null hypothesis and symbolize it as $\mathrm{H}_{0}$. The null hypothesis is often the one that assumes fairness, honesty or equality.
- The opposite hypothesis is called alternative hypothesis and is symbolized by $\mathrm{H}_{\mathrm{a}}$. This hypothesis, however, is often the one that is of interest. Some statisticians refer the $\mathrm{H}_{\mathrm{a}}$ as the motivated hypothesis


## Decision rules

- At the beginning of the experiment you should formulate the two opposing hypotheses. Then you should state what evidence will cause you to say that you think the alternative hypothesis is the true one. This statement is called your decision rule.
- When the evidence supports the alternative hypothesis, we say that we "reject the null hypothesis". When the evidence does not support the alternative, we say that we "fail to reject the null hypothesis"

Decision rule to test the mean of a normal distribution with unknown standard deviation

$$
\mathrm{H}_{0}: \mu=\mathrm{c}, \mathrm{H}_{\mathrm{a}}: \mu \neq \mathbf{c}
$$

- Decision using a confidence interval
- If the (1-a) $100 \%$ level confidence interval does not contain $\boldsymbol{c}$, we reject $\mathrm{H}_{0}$ and say: the difference is significant at ( $1-\alpha$ ) $100 \%$ level.
- If the (1- $\alpha$ ) $100 \%$ level confidence interval contains $c$, we do not reject $\mathrm{H}_{0}$ and say: the difference is not significant at (1- $\alpha$ ) 100 \% level.


## Decision using critical values

- There is another way for finding the decision rule: we can use the so called critical points or rejection points instead of the confidence interval. If the null hypothesis is true, the statistic in has at distribution with $\mathrm{n}-1$ degrees of freedom

$$
\begin{aligned}
t= & \frac{x-c}{\frac{s}{\sqrt{n}}}=\sqrt{n} \frac{x-c}{s} \\
& \mathrm{P}\left(|\mathrm{t}|>t_{\alpha / 2}\right)=\alpha
\end{aligned}
$$

## Example

5.4

- Average blood cholesterol of 4.3 nine (9) patients were
8.4 compared with the normal $(5.2 \mathrm{mg} / \mathrm{ml})$ value of blood cholesterol at $95 \%$
4.9 probability level?
5.8
5.3
5.5
5.4
6.3


## Hypotheses

- $\mathrm{H}_{0}$ : The average cholesterol is equal to 5.2
- $\mathrm{H}_{0}: \mu=5.2$
- $\mathrm{H}_{A}$ : The average cholesterol differs from 5.2
- $\mathrm{H}_{\mathbf{a}}: \mu \neq 5.2$


## Results

| Mean | 5.7 |
| :--- | ---: |
| SD | 1.15 |
| N | 9 |
| df | 8 |
| $t$ - statistics | 1.3 |
| df | 8 |
| $\mathrm{t}_{\text {uluc }}$ | 2.31 |
| $\mathrm{P}(\mathrm{T}<=\mathrm{t})$ | 2-sided |

## Table for t distribution

| df $/ \alpha$ | 0,1 | 0,05 | 0,025 | 0,01 |
| ---: | ---: | ---: | ---: | ---: |
| 1 | 6,314 | 12,706 | 25,452 | 63,657 |
| 2 | 2,920 | 4,303 | 6,205 | 9,925 |
| 3 | 2,353 | 3,182 | 4,177 | 5,841 |
| 4 | 2,132 | 2,776 | 3,495 | 4,604 |
| 5 | 2,015 | 2,571 | 3,163 | 4,032 |
| 6 | 1,943 | 2,447 | 2,969 | 3,707 |
| 7 | 1,895 | 2,365 | 2,841 | 3,499 |
| 8 | 1,860 | $\mathbf{2 , 3 0 6}$ | 2,752 | 3,355 |
| 9 | 1,833 | 2,262 | 2,685 | 3,250 |

## Decision using critical value from the table



## Decision using the $p$-value ( $p=0.23$ )



## SPSS results

One-Sample Statistics

|  | N | Mean | Std. Deviation | Std. Error <br> Mean |
| :---: | ---: | ---: | ---: | :---: |
| koleszterin | 9 | 5,7000 | 1,15326 | , 38442 |

One-Sample Test

|  | Test Value $=5.2$ |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | t | df | Sig. (2-tailed) | Mean Difference | 95\% Confidence Interval of the Difference |  |
|  |  |  |  |  | Lower | Upper |
| koleszterin | 1,301 | 8 | ,230 | ,50000 | -,3865 | 1,3865 |

## Example II.

- Average blood glucose of
6.5 nine (9) patients were
5.9 compared with the normal 8.4 $(5.4 \mathrm{mg} / \mathrm{ml})$ value of blood 7.3 glucose at $95 \%$ probability level?
6.1
5.2
5.6
6.7
7.2


## Hypotheses

■ $\mathrm{H}_{0}$ : The average blood glucose is equal to 5.4

- $\mathrm{H}_{0}: \mu=5.4$
- $\mathrm{H}_{\mathrm{A}}$ : The average blood glucose differs from 5.4
- $\mathrm{H}_{\mathrm{a}}: \mu \neq 5.4$


## Results

Mean
SD
N df
$t$ calculated
$\mathrm{P}(\mathrm{T}<=\mathrm{t})$ two-sided
$\mathrm{t}_{\text {able }}$
6.544
0.986
3.481
0.008
2.306

## Table for $\mathbf{t}$ distribution

| $\mathrm{df} / \alpha$ | 0,1 | 0,05 | 0,025 | 0,01 |
| ---: | ---: | ---: | ---: | ---: |
| 1 | 6,314 | 12,706 | 25,452 | 63,657 |
| 2 | 2,920 | 4,303 | 6,205 | 9,925 |
| 3 | 2,353 | 3,182 | 4,177 | 5,841 |
| 4 | 2,132 | 2,776 | 3,495 | 4,604 |
| 5 | 2,015 | 2,571 | 3,163 | 4,032 |
| 6 | 1,943 | 2,447 | 2,969 | 3,707 |
| 7 | 1,895 | 2,365 | 2,841 | 3,499 |
| 8 | 1,860 | $\mathbf{2 , 3 0 6}$ | 2,752 | 3,355 |
| 9 | 1,833 | 2,262 | 2,685 | 3,250 |

## Decision using critical value from the table



## Decision using the $p$-value ( $p=0.008$ )



## SPSS results

- SPSS command:
- Analyze/Compare Means/ One-sample t-test

| One-Sample Statistics |
| :--- |
| $\left.\begin{array}{\|c\|r\|r\|r\|c\|}\hline & & & & \\ \text { Mean } & \text { Std. Deviation } & \begin{array}{c}\text { Std. Error } \\ \text { Mean }\end{array} \\ \hline \text { vercukor } & & 9 & 6,5444 & , 98629\end{array}\right], 32876$ |


| One-Sample Test |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Test Value $=5.4$ |  |  |  |  |  |
|  | t | df | Sig. (2-tailed) | Mean Difference | 95\% Confidence Interval of the Difference |  |
|  |  |  |  |  | Lower | Upper |
| vercukor | 3,481 | 8 | ,008 | 1,14444 | ,3863 | 1,9026 |

## Paired samples t-test I

- A special type of experiment is referred to as a matched-pair experiment, when we do "before-and after" comparisons, or when we compare "siblings".
- Let's suppose that an experimenter would like to prove that a special treatment decreases the blood pressure. To prove this, he first measures the blood pressure of a group of patients randomly selected from a group of people suffering disease with high blood pressure. This gives him a sample "before treatment". After the treatment the experimenter measures the blood pressure of the same patients, this results another sample "after treatment".
- To see the effect of the treatment, it is possible to compute the differences of the values "after treatment" and "before treatment" to each patient. To summarize the situation, we generally have to following data


## Paired samples t-test II

- If the treatment has effect to the blood pressure, then the mean difference must be a number different from zero. If the treatment hasn't any effect to the blood pressure, than the mean difference must not be differ from zero. Let's formulate the two hypothesis:
- $\mathrm{H}_{0}: \mu=0$ (the mean of the population of differences is 0 )
- $H_{a}: ~ \mu \neq 0$ (the mean of the population of differences is not 0 )
- This situation is a special case of the one sample t-test. If we suppose that the population of all d's is approximately normal, then our experiment reduces to a one-sample $t$-test, where the sample is no the sample of $d$ differences. So we can test the null hypothesis by counting the value

$$
t=\frac{\bar{d}}{s_{d}} \cdot \sqrt{n}, \quad \text { where } \overline{\mathrm{d}}
$$

## Paired samples $\boldsymbol{t}$-test III

- is the mean of the sample of differences, $s_{d}$ is the standard deviation of the sample of differences.
- The decision rule is the following: we can reject $\mathrm{H}_{0}$ in favor of $\mathrm{H}_{\mathrm{a}}$ setting the probability of a Type I error equal to $\alpha$ if and only if $|t|>t_{\alpha / 2}$.
- For a given and for $n-1$ degrees of freedom we can find the value $t_{\alpha / 2}$.

Example: Suppose that we have the following data for the the weights before $\underset{\text { Before diet }}{\text { and }}$ after diet $a_{\text {difference }}$ course measuring 9 persons
156
111,4
98,6
104,3
105,4
100,4
81,7
89,5
78,2

| 117 | -39 |
| ---: | ---: |
| 85,9 | $-25,5$ |
| 75,8 | $-22,8$ |
| 82,9 | $-21,4$ |
| 82,3 | $-23,1$ |
| 77,7 | $-22,7$ |
| 62,7 | -19 |
| 69 | $-20,5$ |
| 63,9 | $-14,3$ |


| $\bar{d}$ | -23.1444 |
| :--- | ---: |
| SD | 6.7333 |
| SE | 2.24444 |
| $\mathrm{t}=$ | -10.311 |

Paired t-test:

|  | Before | After |
| :--- | ---: | ---: |
| Mean | 102.833 | 79.6889 |
| Variance(sample) | 520.483 | 264.881 |
| N | 9 | 9 |
| df | 8 |  |
| t -calculated | 10.31 |  |
| $\mathrm{P}(\mathrm{T}<=\mathrm{t})$ 2-sided | $6.74 \mathrm{E}-06$ |  |
| $\mathrm{t}_{\text {table }}$ | 2.306 |  |
|  |  |  |

## Paired sample t-test

## - SPSS command:

- Analyze/Compare Means/ Paired-samples t-test


## Paired Samples Statistics

|  |  | Mean | N | Std. Deviation | Std. Error Mean |
| :---: | :---: | :---: | :---: | :---: | :---: |
| Pair | before | 102,8333 | 9 | 22,81409 | 7,60470 |
|  | after | 79,6889 | 9 | 16,27525 | 5,42508 |

Paired Samples Test

|  | Paired Differences |  |  |  |  | t | df | Sig. (2-tailed) |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Mean | Std. Deviation | Std. Error Mean | 95\% C Interva Diffe | idence of the nce |  |  |  |
|  |  |  |  | Lower | Upper |  |  |  |
| Pair 1 before - after | 23,14444 | 6,73333 | 2,24444 | 17,96875 | 28,32014 | 10,312 | 8 | ,000 |

## Decision using p-value



## Example: Suppose that we have the following data for the blood pressure after measuring 8 persons

| Before treatment | After treatment | Difference | t-Test: Paired Two Sam | Means |  |
| :---: | :---: | :---: | :---: | :---: | :---: |
| 170 | 150 | 20 |  |  |  |
| 160 | 120 | 40 |  | Before | After treatment |
|  |  |  | Mean | 162,5 | 141,25 |
| 150 | 150 | 0 | Variance | 107,143 | 241,071428 |
| 150 | 160 | -10 | Observations | 8 | 8 |
| 180 | 150 | 30 | Pearson Correlation | 0,06667 |  |
| 170 | 150 | 20 | Hypothesized Mean Difference | 0 |  |
| 160 | 120 | 40 | df | 7 |  |
| 160 | 130 | 30 | t Stat | 3,32486 |  |
|  |  |  | $\mathrm{P}(\mathrm{T}<=\mathrm{t})$ one-tail | 0,00634 |  |
|  |  | $\begin{gathered} \bar{d}=21.25 \\ \mathrm{~S}_{\mathrm{d}}=18.07 \end{gathered}$ | t Critical one-tail | 1,89458 |  |
|  |  | $\begin{gathered} s_{d}=18.07 \\ 7 \end{gathered}$ | $\mathrm{P}(\mathrm{T}<=\mathrm{t})$ two-tail | 0,01268 |  |
|  |  | $t=3.324$ | t Critical two-tail | 2,36462 |  |

## Confidence interval for the population's mean when $\sigma$ is unknown

- Is $\sigma$, the standard deviation of the population is unknown, it can be approximated by the standard deviation of the sample

$$
S D=\sqrt{\frac{\sum_{i=1}^{n}\left(x_{i}-\bar{x}\right)^{2}}{n-1}}
$$

- It can be shown that

$$
\mathrm{P}\left(\overline{\mathrm{x}}-t_{\alpha / 2} \frac{S D}{\sqrt{n}} \leq \mu \leq \bar{x}+t_{\alpha / 2} \frac{S D}{\sqrt{n}}\right)=1-\alpha
$$

SO

$$
\left(\overline{\mathrm{x}}-t_{\alpha / 2} \frac{S D}{\sqrt{n}}, \quad \bar{x}+t_{\alpha / 2} \frac{S D}{\sqrt{n}}\right)
$$

is a (1- $\alpha$ )100 confidence interval for $\mu$.

- Here $\mathrm{t}_{\alpha / 2}$ can be found in tables of the Student's $t$ distribution with $\mathrm{n}-1$ degrees of freedom


## Example

- We wish to estimate the average number of heartbeats per minute for a certain population.
- The mean for a sample of 36 subjects was found to be 90 , the standard deviation of the sample was $\mathrm{SD}=15.5$. Supposed that the population is normally distributed the $95 \%$ confidence interval for $\mu$ :
- $\alpha=0.05, S D=15.5$
- Degrees of freedom: $\mathrm{df}=\mathrm{n}-1=36-1=35$
- $\mathrm{t} \alpha / 2=2.0301$
- The lower limit is

$$
90-2.0301 \cdot 15.5 / \sqrt{ } 36=90-2.0301 \cdot 2.5833=90-5.2444=84.755
$$

- The upper limit is

$$
90+2.0301 \cdot 15.5 / \sqrt{ } 36=90+2.0301 \cdot 2.5833=90+5.2444=95.24
$$

- The $95 \%$ confidence interval for the population mean is

$$
(84.76,95.24)
$$

- It means that the true (but unknown) population means lies it the interval $(84.76,95.24)$ with 0.95 probability. We are $95 \%$ confident the true mean lies in that interval.


## Statistical errors

- $\mathrm{H}_{0}$ is true and the sample data lead you correctly to decide that it is true.
- $\mathrm{H}_{0}$ is true but by bad luck the sample data lead you mistakenly to think that it is false.
- $\mathrm{H}_{0}$ is false and the sample data lead you correctly to decide that it is false.
- $\mathrm{H}_{0}$ is false but by bad luck the sample data lead you mistakenly to think that it could be true.


## Statistical errors

## you fail to you reject H 0 reject H0

## H0 is true

H 0 is false


## Testing the mean of two independent samples: two-sample t-test

- Let's suppose that we have two independent samples with not necessarily equal sample sizes: . The problem of testing the difference between two means is simplest when we can make two additional assumptions.
- 1. Both populations are approximately normal.
- 2. The variances of the two populations are approximately equal.
- That is the xi-s are distributed as $\mathrm{N}\left(\mu_{1}, \sigma\right)$ and the $y i$-s are distributed as $\mathrm{N}\left(\mu_{2}, \sigma\right)$.
- Lets formulate the two hypotheses
- $\mathrm{H}_{0}: \mu_{1}=\mu_{2}$,
- $\mathrm{H}_{\mathrm{a}}: \mu_{1} \neq \mu_{2}$


## Quantity t has Student t distribution with n+m-2 degrees of freedom

$$
\begin{aligned}
& t=\frac{\bar{x}-\bar{y}}{s_{p} \sqrt{\frac{1}{n}+\frac{1}{m}}}=\frac{\bar{x}-\bar{y}}{s_{p}} \cdot \sqrt{\frac{n m}{n+m}} \\
& s_{p}^{2}=\frac{(n-1) \cdot s_{x}^{2}+(m-1) \cdot s_{y}^{2}}{n+m-2}
\end{aligned}
$$

## Testing the mean of two independent

 samples in the case of different standard deviations- Let's suppose that we have two independent samples with not necessarily equal sample sizes: . The problem of testing the difference between two means is simplest when we can make two additional assumptions.
- 1. Both populations are approximately normal.
- 2. The variances of the two populations are different.
- That is the $x_{i}$-s are distributed as $\mathrm{N}\left(\mu_{1}, \sigma_{1}\right)$ and the $y_{i}$-s are distributed as $\mathrm{N}\left(\mu_{2}, \sigma_{2}\right)$.
- Lets formulate the two hypotheses
- $\mathrm{H}_{0}: \mu_{1}=\mu_{2}$,
- $H_{a}: \mu_{1} \neq \mu_{2}$


## Testing the mean of two independent samples in the case of different standard deviations

$$
d=\frac{\bar{x}-\bar{y}}{\sqrt{\frac{s_{x}^{2}}{n}+\frac{s_{y}^{2}}{m}}}
$$

$$
d f: \frac{(n-1) \cdot(m-1)}{g^{2} \cdot(m-1)+\left(1-g^{2}\right) \cdot(n-1)}
$$

$$
g=\frac{\frac{s_{x}^{2}}{n}}{\frac{s_{x}^{2}}{n}+\frac{s_{y}^{2}}{m}}
$$

## Comparison of the standard deviations of two normal populations: F-test

- Let's suppose that we have two independent samples with not necessarily equal sample sizes.
- The $x_{i}$-s are distributed as $N\left(\mu_{1}, \sigma_{1}\right)$ and the $y_{i}$-s are distributed as $\mathrm{N}\left(\mu_{2}, \sigma_{2}\right)$.
- Lets formulate the two hypotheses
- $\mathrm{H}_{0}: \sigma_{1}=\sigma_{2}$,
- $\mathrm{H}_{\mathrm{a}}: \sigma_{1>} \sigma_{2}$

$$
F=\frac{\max \left(s_{x}^{2}, s_{y}^{2}\right)}{\min \left(s_{x}^{2}, s_{y}^{2}\right)}
$$

## F-distribution

- The F-distribution is not symmetrical and has two degrees of freedom. In our case the degrees of freedom are: the sample size of the nominator- 1 and the sample size of the denominator -1 .
- There are tables for the critical values of the F-distribution, these are one-tailed tables. After finding the critical $\mathrm{F}_{\text {wid }}$ value, our decision is the following:
- In case of $F>F_{\text {wdide }}$ we reject the null hypothesis and claim that the variances are different at $(1-\alpha) 100 \%$ level,
- In case of $\mathrm{F}<\mathrm{F}_{\text {bul }}$ we do not reject the null hypothesis and claim that the two variances are not different at (1- $\alpha$ ) $100 \%$ level


## (Student) t-test example

- Suppose that we measured the biomass (milligrams) produced by bacterium A and bacterium B, in shake flasks containing glucose as substrate. We had 4 replicate flasks of each bacterium


## Data

|  | Bacterium A | Bacterium B |
| :--- | :--- | :--- |
| Replicate 1 | 520 | 230 |
| Replicate 2 | 460 | 270 |
| Replicate 3 | 500 | 250 |
| Replicate 4 | 470 | 280 |
| $\Sigma x$ | 1950 | 1030 |
| $n$ | 4 | 4 |
|  | 487.5 | 257.5 |
| $\sum x^{2}$ | 952900 | 266700 |
| $\left(\sum x\right)^{2}$ | 3802500 | 1060900 |
| $\frac{\left(\sum x\right)^{2}}{n}$ | 950625 | 265225 |
| $\Sigma d^{2}$ | 2275 | 1475 |
| $\sigma^{2}$ | 758.3 | 491.7 |

$$
t=\frac{\bar{x}_{1}-\bar{x}_{2}}{a_{a}}
$$

## Result of F-test using Excel

F-Test Two-Sample for Variances

|  | Bacterium $A$ | Bacterium B |
| :--- | ---: | ---: |
| Mean | 487,5 | 257,5 |
| Variance | 758,3333333 | 491,6666667 |
| Observations | 4 | 4 |
| df | 3 | 3 |
| F | 1,542372881 |  |
| P(F<=f) one-tail | 0,365225092 |  |
| F Critical one-tail | 9,276628154 |  |

## Result of $t$-test using Excel

t-Test: Two-Sample Assuming Equal Variances

|  | BactA | BactB |
| :--- | ---: | ---: |
| Mean | 487,5 | 257,5 |
| Variance | 758,3333333 | 491,6666667 |
| Observations | 4 | 4 |
| Pooled Variance | 625 |  |
| Hypothesized Mean Difference | 0,05 |  |
| df | 6 |  |
| t Stat | 13,00793635 |  |
| P(T<=t) one-tail | $6,35743 \mathrm{E}-06$ |  |
| t Critical one-tail | 1,943180274 |  |
| P(T<=t) two-tail | $1,27149 \mathrm{E}-05$ |  |
| t Critical two-tail | 2,446911846 | $\mathbf{4 3 4 3}$ |

## Summary of hypothesis testing

- Step 1. State the motivated (alternative) hypothesis. Based on some prior experience or idea, you are motivated to make a claim which you desire to prove by an experiment. That is, you state the alternative hypothesis $\mathrm{H}_{\mathrm{a}}$ about some population.
- Step 2. State the null hypothesis. For statistical purposes you test the opposite hypothesis. Therefore, you state the null hypothesis $\mathrm{H}_{0}$.
- Step 3. You select the, the probability of Type I error, or the (1- $\alpha$ ) $100 \%$ significance level. That is, you are stating how large risk you are willing to take in making the error of claiming that your motivated hypothesis is true. You may select any significance level you wish. In most published statistics the authors have used $\alpha=0.05$ or $\alpha=0.01$. These are generally accepted standards.
- Step 4. You choose the size $n$ of the random sample. This choice is often determined by the amount of the time and/or money that you have to do the experiment and the availability of subjects. Ease of computation might also be a factor in the selection of $n$.
- Step 5. Select a random sample from the appropriate population and obtain your data.
- Step 6. Calculate the decision rule. Your decision rule will have one or two critical points, depending on whether the motivated hypothesis is one-tailed or two-tailed.
- Step 7. Decision based on the experimental outcome and the previously calculated decision rule, you will make one of two decisions.
- a) Reject the null hypothesis and claim that your alternative hypothesis was correct.
- b) Fail to reject the null hypothesis: you have been unable to prove that the alternative hypothesis is correct. Since we have not determined the power of the test, we do not wish to state that the null hypothesis is true. If the power is low, there would be a correspondingly large probability of a Type II error. So we use the phrase "fail to reject $\mathrm{H}_{0}$ " rather than "accept $\mathrm{H}_{0}$ ".

