

Qualitative Research to Understand Health Behavior: Body Knowledge and Beliefs Affecting Reproductive Health & HIV/AIDS

"Women: Health, Family & Work" Student Conference In memorian Dr. Szél Éva

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"NŐK – EGÉSZSÉG, CSALÁD ÉS MUNKA" HALLGATÓI KONFERENCIA

Dr. Szél Éva Emléknap - Szeged, 2013. április 25.





Using Qualitative Methods in Interdisciplinary Research on Reproductive Health and HIV/AIDS

A QUALITATIVE APPROACH

A qualitative approach in social research has 3 general functions:

- Exploration
- Description
- Explanation

Qualitative Methods

- In-depth Interviews
- Case Studies
- Participant Observation
- Focus Groups

Acceptability:

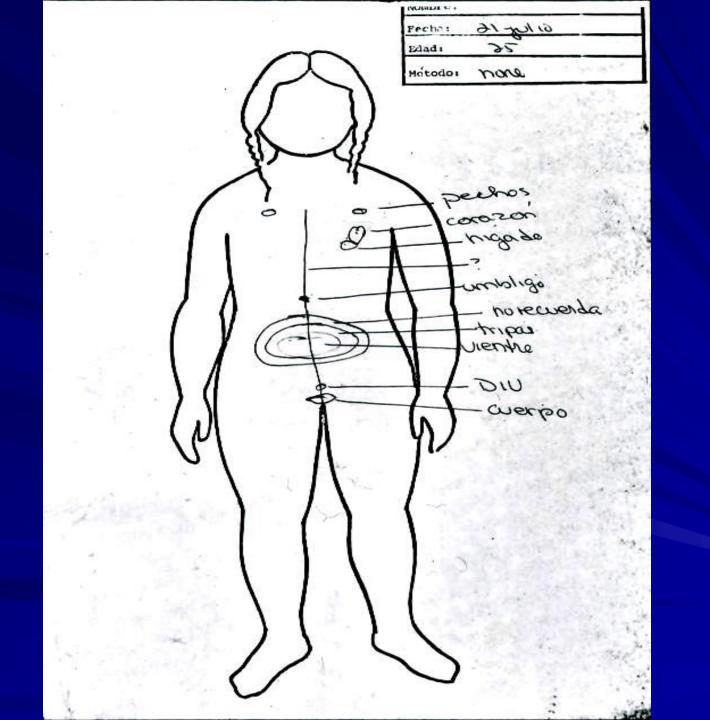
The voluntary sustained use of a method, medicine or service in the context of alternatives.

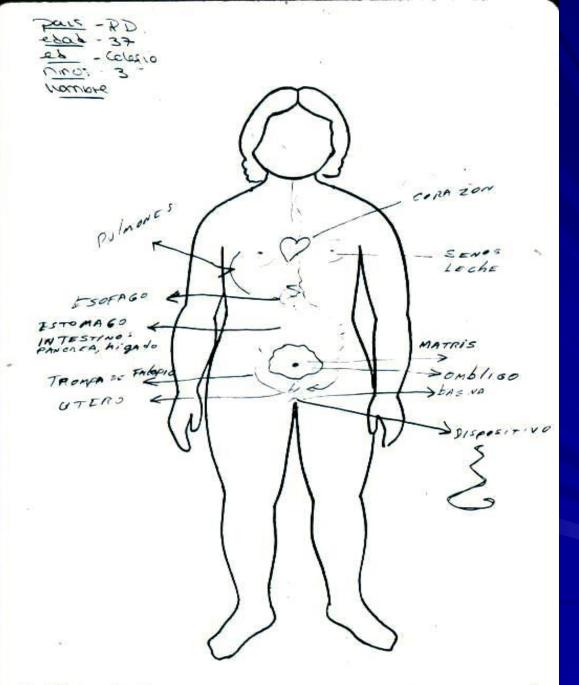
Medication Method Attributes

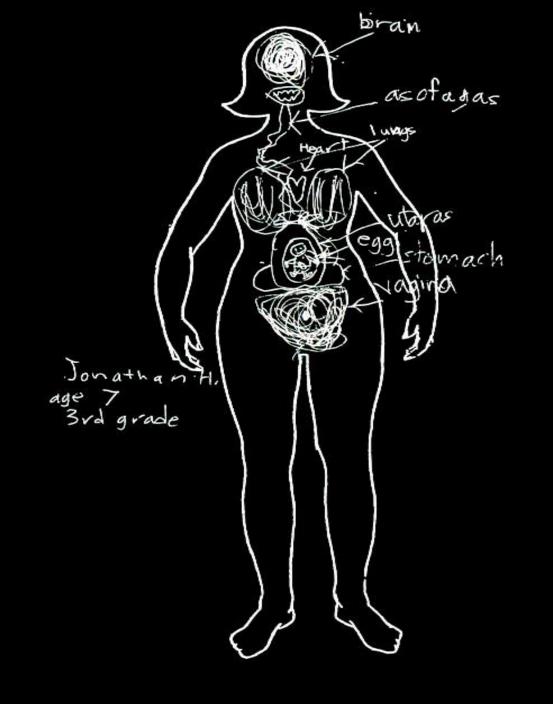
- Gender of user
- Main action
- Mode of action
- Organs implicated
- Route of administration
- Administration
- Frequency of Use
- Circumstances of use
- Effectiveness

- Duration of effect
- Long-term safety
- Convenience in obtaining by client
- Convenience in using by client
- Familiarity
- Cost
- Physical properties
- Side effects

Beliefs and Knowledge About Anatomy & Physiology







US-Mexico Border Contraceptive Study: Beliefs About Mechanisms of Action

- Chemicals kill sperm
- Hormones go to place of fertilization and block it
- Something that cures you when you are sick
- Makes uterus thicker
- Thickens uterine mucus which expels sperm

ARV ADOPTION AND ADHERENCE IN A US-MEXICO BORDER COMMUNITY-BASED CLINIC

BODY DRAWINGS

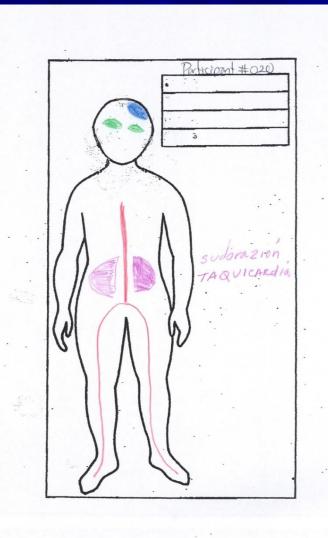
- A male/female body silhouette which participants use during the open-ended interview to draw their perceptions of where HIV and ARVs affect their body
- Assist in eliciting knowledge, beliefs, and concerns regarding their treatment
- Used to compare participant's knowledge & perceptions over the time, especially about body alterations

ARV ADOPTION AND ADHERENCE IN A US-MEXICO BORDER COMMUNITY-BASED CLINIC

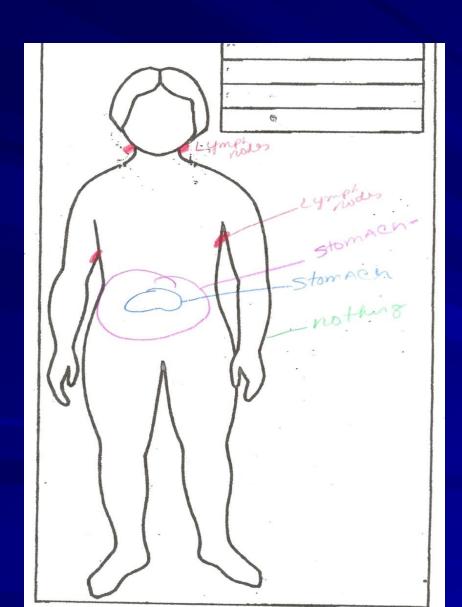
Example of body drawing Colors:

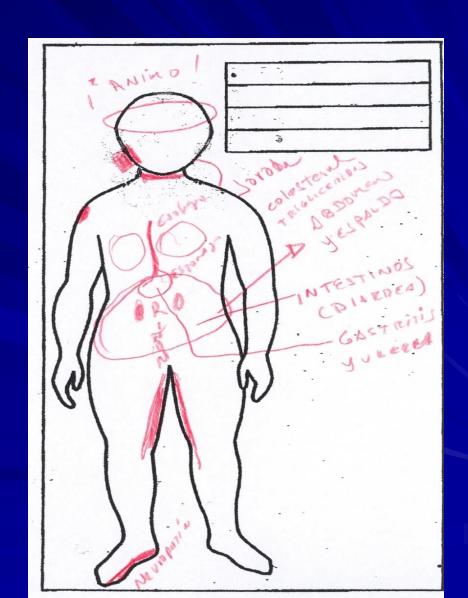
Red: parts believed to be affected by HIV

- Blue: parts believed to be affected by ARVs
- Green: body changes due to ARVs
- Purple: Parts of body that feel different due to ARVs



ARV ADOPTION AND ADHERENCE IN A US-MEXICO BORDER COMMUNITY-BASED CLINIC





Body Drawing: Main Changes Perceived by Patients

- Marked positive effects of medications: better T-cell count, lower viral loads and better sensation of well being
- Lipodystrophy in face and abdominal area
- GI side effects commonly listed: diarrhea, nausea, gastritis, ulcers, among others
- Kidney and liver problems due to medications
- Perception that medications affect sexual organs and sexual functioning
- Changes in mental health: sadness and depression

Understanding the Perception of and Meanings of Side Effects

The Future is Interdisciplinary

